

# *Shangri-La Therapeutic Academy of Riding*

## *2009 Year in Review*

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*STAR's mission is to foster personal achievement by providing therapeutic experiences using horse related activities for persons with disabilities or other special challenges.*

### **Participants**

STAR provided 4,565 hours of Equine Assisted Activities for 229 individuals in 2009. Participants included children and adults with physical, neurological and mental disabilities as well as individuals considered at risk. We introduced a new program this year, Interactive Vaulting. This involves one horse and up to eight participants, each taking turns completing gymnastic-type movements on the moving horse. Teamwork, motor planning, following directions, balance and core strength development challenge the riders with each turn.

<b>Participant Characteristics</b>		<b>Programs Offered in 2009</b>	<b>Counties Served in 2009</b>	
<i>Age</i>	<i>Number</i>			
4-5	29	Therapeutic Riding	Anderson	Knox
6-10	61	Developmental Vaulting	Blount	Loudon
11-18	89	Interactive Vaulting	Campbell	McMinn
19-30	27	Competition	Roane	Sevier
31-50	20	Drill Team		
51+	3	At-Risk Youth		
		Equine Assisted Learning		
		Hippotherapy		
		Mental Health Services		

### **Volunteers**

In 2009, over 450 community members, ages ten to seniors, donated more than 13,256 hours of service. They assisted with lessons, horse care, fund raising, office duties and facility maintenance. This number does not reflect the many volunteer groups who came out to the facility for work days.

### **Equines**

STAR's herd of specialized horses represents many different breeds and range in size from 10 to 16.2 hands. All potential candidates are screened carefully for temperament, ability and soundness. With our program operating seven days a week, it is imperative that our horses be strong and healthy.

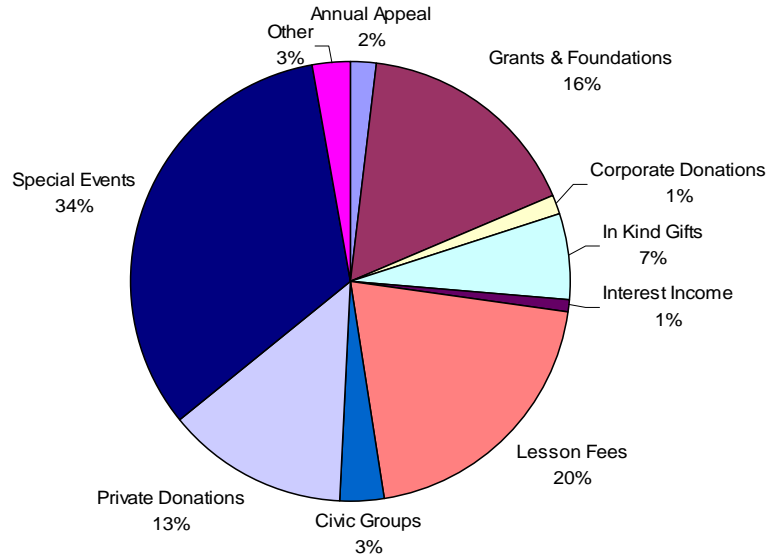
### **2009 Highlights**

- ★ Hosted NARHA Region 5 Conference – over 150 in attendance from throughout the Southeast
- ★ Began Interactive Vaulting Program
- ★ Construction Projects Completed – Enclosure and stable for minis, closed in hay shed, trailer storage shed and cover for manure pit, completed gates at top and bottom of driveway, and installed fans and heaters in the barn and grooming areas
- ★ Hosted Loudon County Chamber of Commerce After Hours
- ★ Held six (6) clinics/workshops
- ★ Filmed Volunteer Training video, WVLT taping of Hippotherapy session
- ★ Formed the STAR Guild to assist with special events
- ★ Conducted twenty (20) speaking engagements

# 2009 Operating Financial Highlights\*

\*Unaudited Financial Statements

## Sources of Operating Funds for 2009



## Operating Expenses for 2009

