

# Shangri-La Therapeutic Academy of Riding - Statistics for 2007

*STAR's mission is to foster personal achievement by providing therapeutic experiences using horse related activities for persons with disabilities or special challenges.*

## Demographics

STAR provided 3,812 lessons for 158 riders in 2007. In Fall of 2007, we did a pilot program with the Lenoir City Schools Alternative School for at-risk youth.

## Those We Serve

STAR serves children and adults with physical, neurological and mental disabilities as well as individuals considered at risk.

Rider Characteristics	
Age	Number
4-5	19
6-10	50
11-18	59
19-30	21
31-50	7
51-65	2

Programs Offered in 2007
Therapeutic Riding
Developmental Vaulting
Competition
Drill Team
Service Learning – Lenoir
City Schools

Counties Served in 2007	
Anderson	Knox
Blount	Loudon
Campbell	McMinn
Roane	Sevier
Fentress	

## Volunteers

In 2007, over 400 community members donated more than 12,200 hours of service. They assisted with lessons, horse care, fund raising, office duties and facility maintenance. They are from Anderson, Blount, Knox, Loudon and Monroe counties.

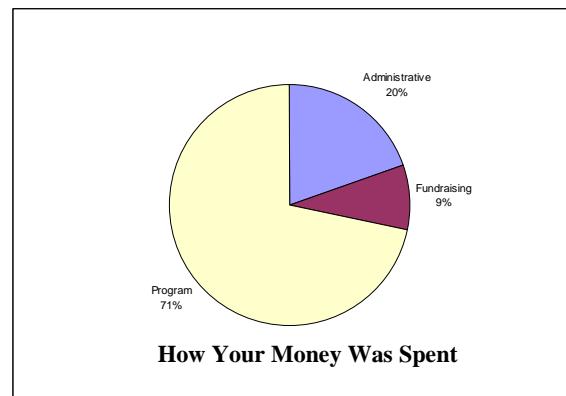
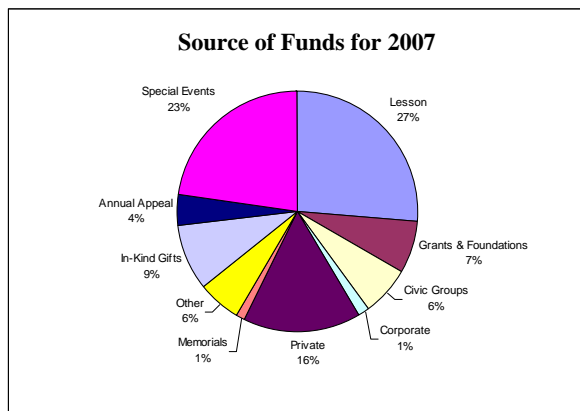
## Benefits

The benefits of Equine Assisted Activities are as varied and numerous as the participants themselves. Physical, emotional, cognitive and social gains are seen as they participate in this highly motivating, challenging experience. Increased confidence, self-esteem and independence become evident as functioning and competence improves.

At STAR, riders learn both the care of their horse as well as riding skills. At the same time, their social base is widened when relationships with staff, volunteers, and other riders are developed. We provide hope and support for families in a safe, positive, environment with knowledgeable, competent, and compassionate staff. Achievement of personal goals for the rider affects family dynamics and pride.

## Equines

STAR's herd of specialized horses represents many different breeds and range in size from 10 to 16.2 hands. All potential candidates are screened carefully for temperament, ability and health. Those suitable go through stringent training in a trial period before admission to the program.



## 2007 Operating Financial Highlights\*

\*Unaudited Financial Statements